
1. adversary	an enemy or opponent
2. alms	donations given to the poor
3. amnesty	general pardoning of offence; overlooking wrongdoing
4. anapanasati	means 'mindfulness of breathing' and is the process of inhalation and exhalation taught by the Buddha himself as a method of meditation
5. apocalypse	the revelation given to St John in the Book of Revelation (New Testament); a period of disaster, suffering and hardship
6. arbiter	someone who settles disputes; a judge
7. arthashastra	a Hindu sacred text which discusses the ethics of economics and the duties and obligations of a king
8. assuaged	means calmed or soothed
9. atonement	the reparations for past wrongs; making good; in the Christian sense it means bringing humans and God together by satisfying God's anger against sin
10. bhavana	the development of the mind encouraging a state of tranquility
11. catalyst	an agent of change
12. condones	to forgive or overlook an offence or injury; give tacit approval to
13. confederacy	an alliance or agreement; a partnership
14. consummation	completion of something
15. covenant	a binding agreement between parties
16. crucifixion	the act of dying upon a cross; a common Roman punishment in the time of Jesus
17. Dalai Lama	the ruler and chief monk of Tibet and Tibetan Buddhism
18. darshana	the act of seeing
19. dharma	is conformity to religious law, custom, duty, or one's own quality or character
20. discourse	talk, conversation, dialogue
