

ad hoc

for a single purpose  
rather than as a part of a  
coordinated approach

empowering

giving people the  
support needed to  
achieve a goal

enabling

allowing or giving the  
means for something  
to be carried through

health promotion

a combination of science,  
medicine, practical skills and  
beliefs aimed at maintaining  
and improving the health of all  
people

reorienting

adjusting a position,  
direction or approach to  
suit particular  
circumstances