

adversary

an enemy or
opponent

alms

donations given to
the poor

amnesty

general pardoning of
offence; overlooking
wrongdoing

anapanasati

means 'mindfulness of
breathing' and is the process of
inhalation and exhalation taught
by the Buddha himself as a
method of meditation

apocalypse

the revelation given to St John
in the Book of Revelation (
New Testament); a period of
disaster, suffering and
hardship

arbiter

someone who settles disputes; a judge

arthashastra

a Hindu sacred text which discusses the ethics of economics and the duties and obligations of a king

assuaged

means calmed or soothed

atonement

the reparations for past wrongs; making good; in the Christian sense it means bringing humans and God together by satisfying God's anger against sin

bhavana

the development of the mind encouraging a state of tranquility

catalyst

an agent of change

condones

to forgive or overlook
an offence or injury;
give tacit approval to

confederacy

an alliance or
agreement; a
partnership

consummation

completion of
something

covenant

a binding agreement
between parties

crucifixion

the act of dying upon a cross; a common Roman punishment in the time of Jesus

Dalai Lama

the ruler and chief monk of Tibet and Tibetan Buddhism

darshana

the act of seeing

dharma

is conformity to religious law, custom, duty, or one's own quality or character

discourse

talk, conversation, dialogue